



Support is all around you

SYSTEM OF CARE | ST. LOUIS REGION

JUNE 2, 2021

SOC Council Meeting

FIGURE 1 System of Care Framework



From Stroul, B. & Friedman, R. (1986 rev ed). *A system of care for children and youth with severe emotional disturbances* (rev. ed., p. 30). Washington, DC: Georgetown University Child Development Center, National Technical Assistance Center for Children's Mental Health.

FIGURE 2 System of Care Concept



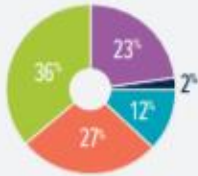
From Stroul, B. (2002). *Issue Brief: Systems of care: A framework for systems reform in children's mental health*. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health.

What is a System of Care?

Strategic Initiatives:

System of Care Builds Infrastructure, Responds to Family Voice

MHB secured a four-year, four-million-dollar federal Substance Abuse and Mental Health Services Administration (SAMHSA) grant to continue the expansion and sustainability of the System of Care in St. Louis City and County. Guided by the System of Care philosophy to be family driven and youth guided, we are building infrastructure to support an expanding range of services and supports for youth with serious emotional challenges and their families. The current project builds on the achievements of the previous four-year grant also from SAMHSA.



Percentage of Year 1 Budget

- Outreach and Peer Support
- Assessment and Referral
- Integrated Family Treatment
- Evaluation and Project Management
- Infrastructure Development

Staying true to the System of Care concept, we are ...

1 Expanding the range of services and supports

- Integrated Family Treatment that addresses the unmet mental health needs of the parent or caregiver along with the child's needs.
- Family Support Partners (Peer Specialists)

Building infrastructure

- Linking children's mental health system with the adult system, and
- Linking juvenile justice-involved youth with the behavioral health system.

3 Honoring the philosophy. Family driven and youth guided

- Implementing a sustainable framework for the Parent Advisory Council
- Increasing youth engagement in partnership with Behavioral Health Network
- Participating in the Family Voices multi-state learning collaborative to develop family and professional partnerships with Missouri Families 4 Families.

1 A story about family peer support ...

The Family Support Partners (FSPs) were hired and began training just as COVID struck and everything changed. After holding close during the early weeks and months of the pandemic, families started to re-engage with services, as reported by Jawana Hammonds, Director of Family Support Services at Vision for Children at Risk. "The more we reach out, they are taking advantage and inviting us in. When we engage families and meet them where they are, they welcome us in. They want the help. We walk with them. This is major for the family – they want you to help them. The parent is the expert on the family. We take time to listen and let them tell us what they need. We listen to learn how to help. Families are welcoming us. As they apply their training, the Family Support Partners say they "see it happening."



Jawana Hammonds

2 A story about staff support ...

The Courts and the Self-Care Workshops



Shanté Laregley

During the first virtual SOC Council meeting (June), we asked members to share any pandemic-related needs. Some asked for personal protective equipment, but Shanté Laregley, Chief Deputy Juvenile Officer for the Child Protection Department of the 22nd Judicial Circuit Court, requested self-care for her staff. MHB responded with three self-care workshops by the Awareness Institute. Twenty-two staff from the courts participated.

Shanté said the workshops "exceeded my expectations: I hadn't realized how the anxiety, stress, and irritability could be related to the political strife, virus, and quarantine – and how it impacts other areas in my life – my own body and mind. The presenters created a non-threatening, safe space so people could really open up about what's going on in their own life."

3 A story about family voice ...

Systems of Care are designed to be family driven and youth guided – with the strengths and needs of the child and family determining the mix of services and supports.

When family voices are heard, change happens. Recent improvements include walk-in clinics, consistency in medication refills, youth waiting rooms in emergency departments, pediatric access to psychiatric consultation, and the incredible team of certified Family Support Partners.

Rene Murph is a foster parent and the family representative on the System of Care Council. She reminds us, "There is no true System of Care without youth/young adults and their caregivers working with professional service providers. Neither families nor professionals can do this alone – only together."



Rene Murph

Training Institutes –

<https://theinstitute.umaryland.edu/2021traininginstitutes/>

JUNE 3, 1:30-3PM ET

JUNE 3, 1:30-3PM ET

Systems of Care: To Infinity & Beyond
Evolution of the System of Care Approach

**In advance of this workshop, download the [new white paper](#) on the future direction of systems of care.



Gary Blau

Operationalizing Family Engagement & Leadership:
Foundational for Effective Systems of Care
Family Partnerships in Systems & Services



Pat Hunt



Ann Smith

Training Institute

June 3, 3:30-5pm ET

<https://theinstitute.umaryland.edu/2021traininginstitutes/>

Implementing High Quality Early Childhood Mental Health Consultation *Trends, Research & Workforce Development*



**Margo
Candelaria**



**Walter
Gilliam**



**Brandy
Fox**



**Lana
Nenide**



**Lauren
Rabinovitz**

System of Care Council

The Purposes for which this
organization has been organized:

To provide the **governance structure**

by which **publicly funded child-serving** agencies

come together to **collaborate in partnership with families**

whose children and youth are experiencing a **serious emotional disturbance** and/or special health care needs

for the provision of **services and supports** to children and families in their community.

SOC Council Members

Government Agency Members

Dept. of Social Services

Dept. of Mental Health

Courts

Education

Dept. of Health

Children's Mental Health

Family Members –

- Parents/caregivers of children and youth with SED and/or special healthcare needs (SHCN).
- Youth with SED or SHCN

Members at Large –

Private agencies

Other state agencies

Other organizations