

Crisis Counseling Program (CCP)
and the
St. Louis City & County Collaborative Model
Overview

Crisis Counseling Program (CCP)

- CCP is a short-term disaster relief grant for states, U.S. territories, and federally recognized tribes.
 - MO has had 3 other CCP programs since 2014, including COMTREA & Compass current flood & tornado work
- CCP grants may be awarded after a presidential major disaster declaration.
 - 1st time all 50 states, territories & tribes have received



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Mental Health Services
www.samhsa.gov



FEMA



MO Department of Mental Health (DMH), Office of Disaster Services

Applied for the FEMA resources:

- Immediate Services Program (ISP) - awarded \$2.3 million for the MO - late June to 8/28/20.
- Regular Services Program (RSP): request for MO is \$8.8 million, of which \$1.6 mil is budgeted for StL City/County, through 6/29/21
Submitted late June; FEMA proposal pending for RSP.



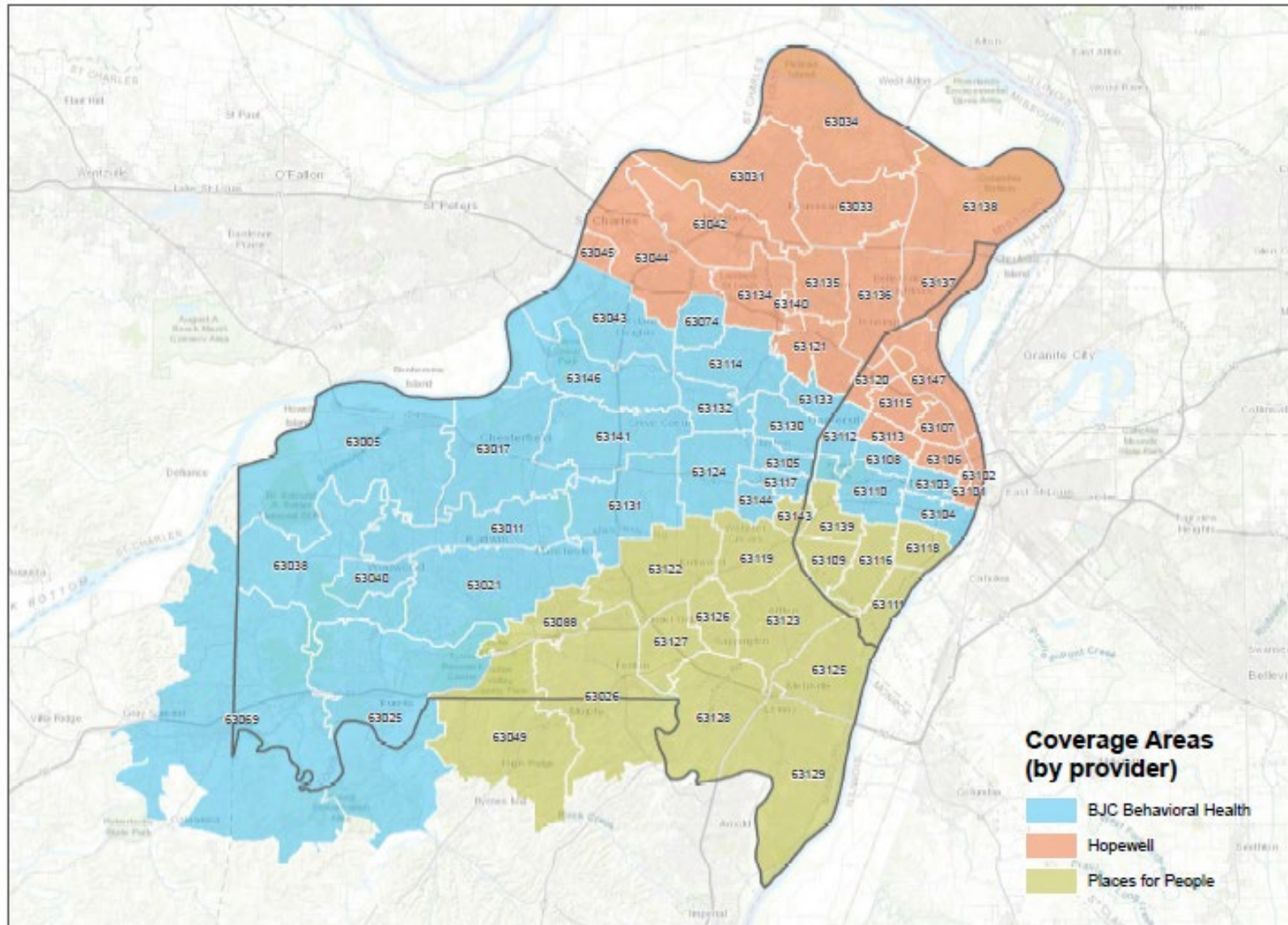
DMH contracted for CCP delivery through 3 Community Mental Health Centers

Amanda L Murphy Hopewell Center

BJC Behavioral Health Center

Places for People

FEMA funded 3 Geographic Teams





St. Louis City & County Collaborative Model

DMH, through the federal CARES Act funding, awarded BHN a one-time grant of \$100,000 to provide CCP coordination for 45 days, from **7/6/20-8/19/20**, ISP time-period.

Foundation funding being pursued to coincide with anticipated FEMA RSP resources (8/20/20-6/30/21).

- If funded, we will want a CCP Steering Committee to provide oversight & consult.



St. Louis City & County Collaborative Model

“Extender” organizations

Engage the established networks and infrastructures of 5 additional “backbone organizations,” which are uniquely positioned to reach populations most vulnerable to COVID impacts.

Engage the CCP participation of other constituents and organizations.

Leverage FEMA funding toward regional infrastructure for wellness, community identification of and response to residents’ needs, and multi-organization collaboration.



Coordinated approach for the Region and for Specialized Populations

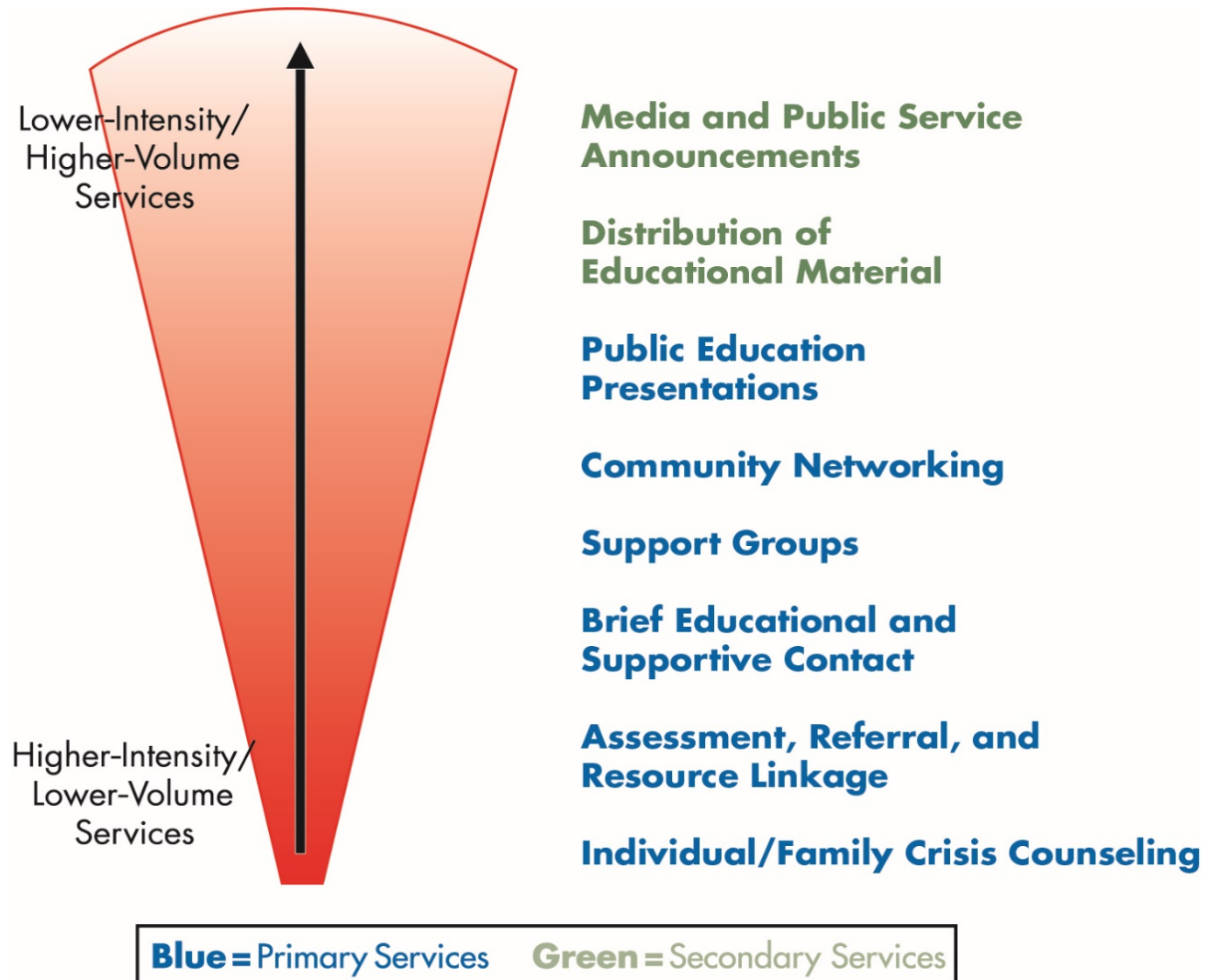
SENIORS – COMMUNITY	HOMELESS POPULATION	CHILDREN AND YOUTH (Include Caregiver Support)
Def: Seniors Living in the Community in all Geographies	Def: Supporting COVID-19 Positive or presumptive and routine discharge BH clients; Encampment and work within shelters	Def: School aged; Include supports for parents



“Extender” organizations

- **BEHAVIORAL HEALTH NETWORK (BHN)** – Tie to “Bridges to Care & Recovery” (church infrastructure program), to activate 86 north City/County churches and 125 volunteer “Wellness Champions.”
- **SAFE CONNECTIONS** - Tie into their domestic violence helpline.
- **MENTAL HEALTH AMERICA (MHA)** - Tie to their volunteers and L&R line.
- **CASA DE SALUD** – Tie to “GUIA” program of health care navigators.
- **ALIVE AND WELL** – Tie to “Health Ambassadors.”

Reach of Services





Missouri Show-Me Hope - concepts

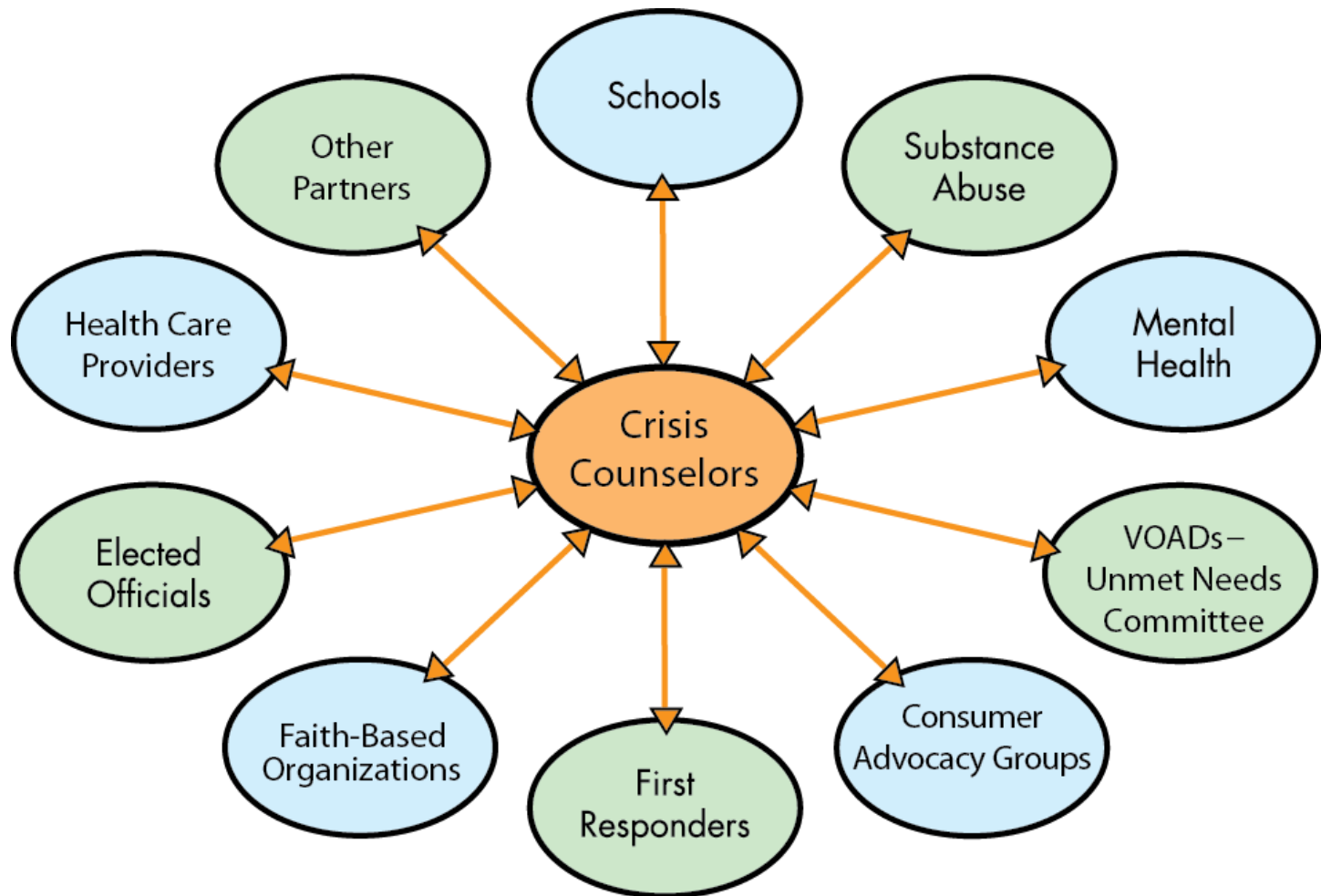
to address the ongoing stress and anxiety caused by COVID19.

All services are free, confidential, and follow best practices of pandemic/disaster response.

Local CCP staff deliver information and education on

- stress management
 - coping techniques
 - problem solving skills
 - connection to community services/resources
- ... building resilience now and for the future.

Typical CCP collaborative partners





CCP Strategies, with social distancing (heavily phone based)

Collaborate with as many existing efforts as possible— focusing now to get information out (print & electronic) and offer speaking.

Examples: Collaborations with

- Activate the churches' "phone tree" & email systems to distribute CCP messaging to residents.
- Congregate living facilities
- Meal providers
- Shelters – homeless and domestic violence
- Clinics



Requests:

1. Promote SHOW-ME HOPE

Disaster Distress Helpline

Talk to a counselor now. Free confidential services available 24/7. Everyone is eligible to call.

- Phone: 800/985-5990 Text: "TalkWithUs" to 66746

MOShowMeHope.org

- One stop shop for coping and stress management resources, self-care tools and links to our statewide network of Show-Me Hope teams.



Requests...

2. Distribute Show-Me Hope information - CCP produced fliers.

3. Collaborate with us further in creative and flexible ways.
 - We will follow up with a request to you with some sample fliers.
 - We want a strategy to interweave our COVID disaster response efforts with your efforts.



Angie Liefer

Crisis Counseling Program (CCP)

BJC BH, CCP Program Manager

314-295-4878

Angela.Liefer@bjc.org

Sally Haywood, MPA

Senior Director, Strategic Initiatives

Behavioral Health Network of Greater St. Louis (BHN)

Cell: 314.703.3653

shaywood@bhnstl.org